

LYON DENTAL IMPLANTS

AND ORAL SURGERY

Pre Operative Instructions

FOR SEDATION

- NOTHING to eat or drink after midnight (night before surgery). NOT EVEN WATER!
- A responsible adult must accompany you to the office, and STAY for the duration of surgery.
- Morning of surgery (if given Antibiotics for procedure) take those 1 hour before surgery with no more than a half cup of water to get them down (only a few sips if possible) - Otherwise nothing else to eat or drink.
- Wear short sleeves and loose comfortable clothing day of surgery. No Flip Flops!
- No polish, acrylics or gels on fingernails. Avoid lipstick and makeup which can rub off.
- Do not wear contact lenses, jewelry, or any dentures to the appointment.
- Expect to be on a soft food diet. Prepare for this in advance- Broth soup, Applesauce, Pudding, Mashed Potatoes, Jell-O, Mac and Cheese, Eggs, Oatmeal, etc.
- Plan to rest for the remainder of the day. No driving, operating heavy machinery for 24 hours following anesthesia.

Prescriptions

- Get prescriptions filled ahead of time - only get the Zofran (ondansetron) filled if you know you have nausea/ vomiting caused by anesthesia and sedation.
- The Peridex (*Chlorhexidine*) mouth rinse - start using morning and night (twice a day), at least one week prior to surgery - then you will start the rinse back up 3 days after surgery. This lowers the bacteria count, and reduces the risk of infection and dry socket.
- Pain medication is for after the surgery. Usually Motrin (*Ibuprofen*) and Tylenol (*Acetaminophen*).

If there are any questions or concerns please feel free to call us
248-422-1555